



Fish Focus: Mid Atlantic Region

The Mid Atlantic region includes New York, New Jersey, Pennsylvania, Delaware, Maryland, Virginia, and North Carolina. The table below shows what seafood is in season in those areas throughout the year.

	Spring	Summer	Fall	Winter
American eel (<i>Anguilla rostrata</i>)	X	X	X	X
Atlantic mackerel (<i>Scomber scombrus</i>)	X	X	X	X
Black drum (<i>Pogonias cromis</i>)	X	X	X	X
Black sea bass (<i>Centropristis striata</i>)	X	X	X	X
Blue catfish (<i>Ictalurus furcatus</i>)	X	X	X	X
Blue crab (<i>Callinectes sapidus</i>)	X	X	X	
Bluefish (<i>Pomatomus saltatrix</i>)	X	X	X	X
Blue mussel (<i>Mytilus edulis</i>)	X	X	X	X
Butterfish (<i>Peprilus triacanthus</i>)	X	X	X	X
Channel catfish (<i>Ictalurus punctatus</i>)	X	X	X	X
Croaker (<i>Micropogonias undulates</i>)	X	X	X	
Horseshoe crab (<i>Limulus polyphemus</i>)		X	X	
Lobster (<i>Homarus americanus</i>)	X	X	X	X
Long-finned squid (<i>Loligo pealei</i>)	X	X	X	X
Menhaden (<i>Brevoortia tyrannus</i>)	X	X	X	X
Monkfish (<i>Lophius americanus</i>)	X	X	X	X
Northern quahog, Hard clam (<i>Mercenaria mercenaria</i>)	X		X	X
Ocean quahog (<i>Arctica islandica</i>)	X	X	X	X
Oyster	X		X	X
Red drum (<i>Sciaenops ocellatus</i>)	X	X	X	X
River herring, Alewife (<i>Alosa pseudoharengus</i>)	X			X
River herring, Blueback (<i>Alosa aestivalis</i>)	X			X
Scup (<i>Stenotomus chrysops</i>)		X	X	
Short-finned squid (<i>Illex illecebrosus</i>)	X	X	X	X
Softshell clam (<i>Mya arenaria</i>)	X	X	X	X
Spanish mackerel (<i>Scomberomorus maculatus</i>)	X	X	X	X
Spiny dogfish (<i>Squalus acanthias</i>)	X	X	X	X
Spot (<i>Leiostomus xanthurus</i>)	X	X	X	
Striped bass (<i>Morone saxatilis</i>)	X	X	X	X
Summer flounder (<i>Paralichthys dentatus</i>)	X	X	X	X
Surfclam (<i>Spisula solidissima</i>)	X	X	X	X
Tilefish (<i>Lopholatilus chamaeleonticeps</i>)	X	X	X	X
Weakfish/Sea trout (<i>Cynoscion regalis</i>)	X	X	X	
White catfish (<i>Ameiurus catus</i>)	X	X	X	X
White perch (<i>Morone Americana</i>)	X	X	X	X
Winter flounder (<i>Pleuronectes americanus</i>)	X	X	X	X
Yellow perch (<i>Perca flavescens</i>)	X	X	X	X