



## Fish Focus: New England Region

The New England region includes Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont. The table below shows what seafood is in season in those areas throughout the year.

	Spring	Summer	Fall	Winter
American eel ( <i>Anguilla rostrata</i> )	X	X	X	X
American lobster ( <i>Homarus americanus</i> )	X	X	X	X
American plaice ( <i>Hippoglossoides platessoides</i> )	X	X	X	X
Atlantic cod ( <i>Gadus morhua</i> )	X	X	X	X
Atlantic mackerel ( <i>Scomber scombrus</i> )	X	X	X	X
Quahaug ( <i>Mercenaria mercenaria</i> )	X	X	X	X
Bay scallops ( <i>Argopecten irradians</i> )	X			X
Black seabass ( <i>Centropristis striata</i> )	X	X	X	X
Blue crab ( <i>Callinectes sapidus</i> )		X	X	X
Bluefish ( <i>Pomatomus saltatrix</i> )		X	X	
Haddock ( <i>Melanogrammus aeglefinus</i> )	X	X	X	X
Horseshoe crab ( <i>Limulus polyphemus</i> )	X	X	X	X
Longfin squid ( <i>Loligo pealei</i> )				X
Monkfish ( <i>Lophius piscatoris</i> , <i>L. budegassa</i> )	X	X	X	X
Northern shrimp ( <i>Pandalus borealis</i> )	X			X
Ocean pout ( <i>Zoarces americanus</i> )	X	X	X	X
Oyster ( <i>Crassostrea virginica</i> )	X	X	X	X
Pollock ( <i>Pollachius virens</i> )	X	X	X	X
Red crab ( <i>Chaceon quiquedens</i> )	X	X	X	X
Redfish: Acadian, deepwater, golden ( <i>Sebastes fuscatus</i> , <i>S. mentella</i> , <i>S. norvegicus</i> )	X	X	X	X
Red hake ( <i>Urophycis chuss</i> )	X	X	X	X
Scup ( <i>Stenotomus chrysops</i> )	X	X	X	X
Sea scallops ( <i>Placopecten magellanicus</i> )	X	X	X	X
Shortfin squid ( <i>Illex illecebrosus</i> )				X
Soft-shelled clam ( <i>Mya arenaria</i> )	X	X	X	X
Striped bass ( <i>Morone saxatilis</i> )			X	
Summer flounder, fluke ( <i>Paralichthys dentatus</i> )	X	X		
Surf clam ( <i>Spisula solidissima</i> )	X	X	X	X
Tautog ( <i>Tautoga onitis</i> )	X	X	X	
Weakfish ( <i>Cynoscion regalis</i> )	X	X	X	X
White hake ( <i>Urophycis tenuis</i> )	X	X	X	X
Windowpane flounder ( <i>Scophthalmus aquosus</i> )	X	X	X	X
Winter flounder ( <i>Pseudopleuronectes americanus</i> )	X	X	X	X
Witch flounder, gray sole ( <i>Glyptocephalus cynoglossus</i> )	X	X	X	X
Yellowtail flounder ( <i>Limanda ferruginea</i> )	X	X	X	X